

DO YOU OR SOMEONE YOU KNOW HAVE ABUSIVE OR VIOLENT BEHAVIOR AND NEED HELP?

Get help to address abuse or violence, anger and stress issues, and to build healthy relationships

BATTERER'S INTERVENTION PROGRAM

Domestic Abuse Project (DAP) Men's Program and Change Step

(612) 874-7063

A Batterer's Intervention Program (BIP) serving adult male perpetrators of domestic violence with trauma-informed group and individual therapy. DAP also has a program designed for members of the military.

RESOURCES TO HELP ADDRESS DOMESTIC VIOLENCE (ABUSE), STRESS AND TO DEVELOP HEALTHY RELATIONSHIPS

Division of Indian Work: Strengthening Family Circles

(612) 722-8722

DIW's program is culturally-based providing classes, counseling, community outreach and additional support in parenting, affordable housing, sexual exploitation, domestic violence and spiritual practice. DIW works with individuals to end family violence through culturally sensitive group and individual counseling addressing anger and other issues.

Native American Community Clinic Counseling Services

(612) 872-8086

Stress management support group incorporates traditional Native American practices to facilitate stress relief. Clinic offers individual and family counseling.

La Oportunidad: Latinos Ending Abuse Program (LEAP)

(612) 872-6165

A culturally relevant program for Latino people seeking help with patterns of violence and abuse. LEAP also provides tools to address anger issues and build healthy relationships.

Tubman Holistic Abuse Prevention

612-870-2426

A Trauma-informed program for those who struggle with anger and have behaved abusively. Program features Dialectical Behavioral Therapy (DBT) skills incorporated into the curriculum and has separate groups for men and women.

